

I am nominating Samantha Charest for the Health and Safety award.

Samantha was a PSW for over 25 years at the Campbellton Nursing Home.

Samantha and I have served on the Health and Safety committee for over ten years.

She was, and still is, a very strong advocate for the members' safety in the workplace and the residents' safety and wellbeing. Together, as a team, we have made a lot of very good changes for the staff to have a better workplace.

Samantha was a huge help in welcoming the Filipinos into our workplace and advocating for them to be treated fairly. She also encouraged the international staff to not be bullied into working crazy number of hours. Encouraging them not to be afraid of the union.

During COVID, Samantha made sure staff had proper PPE and were also aware of the proper precautions to take. Also, she was great help to me with keeping all the members up to date and understanding all the changes during the scary times that COVID brought.

She always made sure that new employees were aware of how important the health and safety committee was and that it was important to be aware of their rights. Their safety and health came first and not to forget that.

She was never afraid to go to management if she seen something not up to par on the floor or in the building.

It was a great loss for the Health and Safety Committee when Samantha retired in February, but she didn't leave her seat empty. She made sure to train her replacement well and inform her of the importance of the health and safety committee before she left.

Please take Samantha into consideration for this award. Thank you!

Kind regards,

Nancy Adams